

catering menu

GRIND CATERING MENU AND PRICING

Grind Baringa, one of Aura's favourite local cafes, also caters!

Whether you need catering for a training day or an important meeting, our range of fast and healthy catering options will ensure your guests are satisfied and happy.

BREAKFAST

Our breakfast menu items come individually wrapped, making self-serve easy. All items come with napkins and cutlery.

BIRCHER MUESLI POT (V) (GF) \$7.50 ea

Apple, cinnamon, vanilla Greek yoghurt, oats, pepitas, honey, dates & coconut

CHIA POT (V) (GF) \$7.50 ea

Chocolate, coconut & chia seeds or mango, coconut & chia seeds

GRANOLA BOWL W/ FRUIT (V) \$12 ea

Cinnamon nuts and seeds, toasted granola, vanilla Greek yoghurt, seasonal fruit

BACON AND EGG MILK BUN \$9.50 ea

Australian bacon, fried egg, cheddar cheese, BBQ sauce on a toasted milk bun

HAM AND CHEESE CROISSANT \$8.50 ea

Sliced Australian ham, cheddar cheese, toasted on a fresh croissant

BACON AND EGG WRAP \$9.50 ea

Australian bacon, fried egg, shredded cheese, BBQ sauce on a toasted wholegrain wrap

TOASTED OPEN BAGELS

Chunky smashed avo, feta, lemon (V) \$12 ea

Chunky smashed avo, solanato tomatoes, red onion, rocket, parmesan, balsamic glaze (V) \$16 ea

Smoked salmon, cream cheese, cucumber, baby spinach, red onion, feta \$16.50 ea

Basil pesto, grilled pumpkin, tomato, red onion, rocket, parmesan, garlic aioli (V) \$16.00 ea

APPLE JUICE 2L PET \$9 ea

ORANGE JUICE 2L PET \$9 ea

COLD DRIP COFFEE 345ml \$6 ea

BOTTLED STILL WATER 345ml \$3 ea

BREAKFAST PACKAGES

(minimum 6 people)

QUICK BREAKFAST \$14.95 pp

- Bacon and egg milk bun
- Sweet muffin
- 250ml fruit juice

NETWORKING BREAKFAST \$19.95 pp

- Savoury filled croissants and breakfast wraps
- Sweet muffins
- Bircher muesli pots
- 2L bottle fruit juice with disposable cups

SWEET PLATTERS

SWEET PLATTER \$49 **Serves 6-8**

A selection of individual brownies (GF), tarts (GF), slices, gourmet cookies, danishes and sweet muffins

SWEET PLATTER \$89 **Serves 10-15**

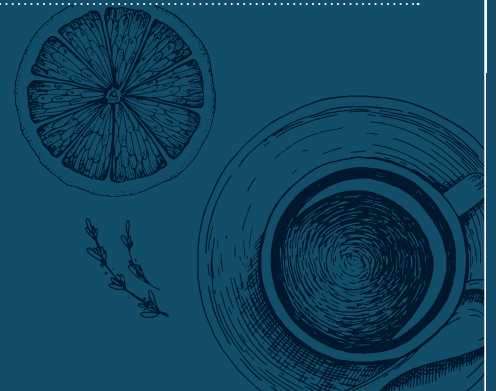
A selection of individual brownies (GF), tarts (GF), slices, gourmet cookies, danishes and sweet muffins

MUFFIN BASKET \$39 **Serves 6-8**

A selection of savoury and sweet muffins

MUFFIN BASKET \$59 **Serves 10-15**

A selection of savoury and sweet muffins



GRIND

COFFEE BAR

catering menu

FRESH SANDWICHES, WRAPS AND SALADS

SANDWICHES AND WRAPS **\$59** **Serves 6-8**

Select up to 3 options per platter:

- Tzaziki and falafel wrap (V)
- Grilled chicken with salad wrap
- Shaved ham with salad wrap
- Grilled chicken with salad sandwich
- Shaved ham with salad sandwich

GOURMET SANDWICHES AND PANINI **\$89** **Serves 6-8**

Select up to 3 options:

- Chicken schnitzel, bacon, cheese, fresh tomato, red onion, cos, roasted garlic aioli on panini, toasted
- Basil pesto chicken breast, sundried tomato, red onion, avocado, baby spinach, feta on panini, toasted
- Ham gourmet sandwich, toasted or fresh
- Grilled marinated pumpkin, fresh basil, tomato, red onion, rocket, vegan cheese, capsicum on panini, toasted (V)
- Pesto chicken, sundried tomato, red onion, baby spinach, feta toasted panini
- Supreme sandwich, toasted
- Garlic chicken sandwich, toasted

GRILLED PUMPKIN SALAD **\$60** **Serves 8 as a side**

Grilled pumpkin, leafy greens, avocado, red onion, raw beet, toasted pine nuts, shaved parmesan (V)

INDIVIDUAL NOURISH BOWL **\$16**

Shredded cos, cabbage, carrot, cucumber, spring onion, chickpeas, fried wheat noodles, sesame-soy dressing, toasted almonds (V)

INDIVIDUAL GRILLED PUMPKIN SALAD **\$12**

Grilled pumpkin, leafy greens, avocado, red onion, raw beet, toasted pine nuts, shaved parmesan (V)

Add chicken **\$6**

BOXED LUNCHES

(minimum 6 people)

WORKING LUNCH 1 **\$18.95 pp**

- Gourmet sandwich with a variety of filling
- Sweet muffin
- Sliced fresh fruit
- 250ml fruit juice or 600ml bottle of water

WORKING LUNCH 2 **\$19.95 pp**

- Gourmet panini with a variety of filling
- Sweet biscuit or slice
- Sliced fresh fruit
- 250ml fruit juice or 600ml bottle of water

WORKING LUNCH 3 **\$23.95 pp**

- Individual nourish bowl or grilled pumpkin salad
- Sliced cheese with water crackers
- Sliced fresh fruit
- 250ml fruit juice or 600ml bottle of water

ORDERING

Two easy ways to order;

Email catering@grindcoffeebars.com.au or

Phone 0406 663 737

Please allow 48 hours' notice when ordering catering.

If your event is within this time, please call us and we will do our best to help you. There is no minimum order for individual items. Payment is required at the time of order.

PICKUP

Orders can be picked up from Grind Baringa Central on Edwards Terrace, Baringa. Parking is available on-street or in the adjacent carpark.

STAFFING

Grind Coffee Bars team can also staff your event. Please talk to us about your requirements at time of order for a quote.

DRINKS

We also have a large range of specialty coffees, teas, iced drinks, fresh juices and smoothies. Include in your enquiry or call our friendly team if you'd like to add these to your order.